

KISKUN VERBUNK
(Hungary)

This dance is a traditional recruiting dance for young men from South Central Hungary.

Pronunciation: KEESH-koon VAIR-boonk

Source: The Duna Ensemble of Hungary. Arranged by Andor Czompo.

Music: Record: AC Special #2

Steps and motifs

1. Promenade with heel click $\overset{|}{\circ} \overset{|}{\circ} / \overset{|}{\circ} \overset{|}{\circ}$
 - 1-2 Step fwd on the R ft.
 - 3-4 Step fwd on the L ft.
 - 5-6 Step fwd on the R ft.
 - 7-8 Close the L ft to the R ft with a sharp heel-click.

2. Heel-clicks $\bullet \bullet \bullet \}$
 - 1 Step in place on the R ft with a heel-click.
 - 2 Step in place on the L ft with a heel-click.
 - 3 Close the R ft to the L ft with a heel-click.
 - 4 Pause.

3. Leap-kick $\bullet \bullet$
 - 1 Leap onto the R ft in place with a slight bend of the knee. At the same time, lift the L lower leg straight back.
 - 2 Hop on the R ft, straightening the knee. At the same time, kick the L ft fwd.
Repeat with opp ftwork.

4. Clapping and boot-slapping $\bullet \bullet \bullet \bullet / \bullet \bullet \bullet \bullet$
 - 1 Jump into 2nd pos, knees slightly bent, both arms open fwd-side high, preparing for a clap.
 - 2 Jump into 1st pos parallel with a slight heel-click, knees straight. At the same time, clap the hands together fwd high.
 - 3 Jump into 2nd pos, knees slightly bent, both arms open fwd-high side, preparing for a thigh slap.
 - 4 Slap the thighs with both hands.
 - 5 Leap on the R ft slightly to the R with the knee bent. At the same time, lift and hit the L boot top outside with the L hand.
 - 6 Leap on the L ft slightly to the L with the knee bent. At the same time, lift and hit the R boot top with the R hand.
 - 7 Leaving the L ft on the floor, stamp on the R ft to the R with a bent knee, rotating the upper torso slightly to the R. The R hand moves in fwd-side high preparing for a boot slap.

KISKUN VERBUNK (continued)

- 8 Hop on the R ft, turning slightly to the L. At the same time, lift the L lower leg fwd and in. Hit the boot top with the R hand.
Note: Each movement is sharp and emphasized.
5. Clap and heel-click ♪♪♪♪
- 1-2 Take two running steps, L, R. At the same time, clap the hands together fwd high.
- 3 Close the L ft to the R ft with a heel-click. Clap the hands together again.
- 4 Pause.

THE DANCE

M in one big circle, facing CCW individually. L fist on L hip, or both hands on the hips.

MeasPATTERNMelody I

- 1-2 Introduction.
- 3-4 Do the Promenade with heel-click pattern (#1).
- 5 Do the heel-click pattern (#2).
- 6-9 Do the Promenade with heel-click pattern (#1) two times.
Face the ctr of the circle on the last step.
- 10 Do the heel-click pattern (#2).
- 11-12 Do the Leap-kick pattern (#3) four times, using a free hand pos.
- 13-14 Do the clapping and boot slapping pattern (#4).
- 15 Do the clap and heel-click pattern (#5).
- 16-20 Repeat action of meas 11-15.

Repeat the dance from the beginning, replacing the first two meas of introduction with a Promenade with heel-click pattern (#1).

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Presented by Andor Czompo